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BERHANA's genre-defying new album 'HAN.' 15

ANINE BING
Minimalist wardrobes with elegant Scandinavian designer. 18

Eagles look to keep season alive in Monday night matchup vs. Eli, Giants. 23

FIGHTING GUN VIOLENCE

Mayor Kenney's gun turn-in program continues this week as reports reveal 110 individuals under age 18 have been shot due to gun violence in Philly so far this year. In local theater, two playwrights tackle the issue head on. 4, 6-7

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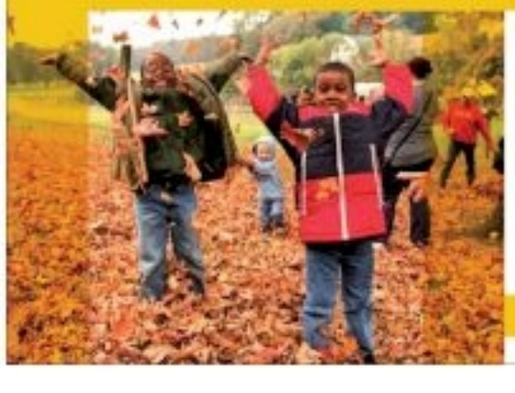

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U.S. President Donald Trump. REUTERS

Trump says Kim Jong Un risks losing 'everything' after North Korea claims major test

President insists North Korea must denuclearize.

U.S. President Donald Trump said on Sunday that North Korean leader Kim Jong Un risks losing "everything" if he resumes hostility and his country must denuclearize, after the North said it had carried out a "successful test of great significance."

"Kim Jong Un is too smart and has far too much to lose, everything actually, if he acts in a hostile way. He signed a strong Denuclearization Agreement with me in Singapore," Trump said on Twitter, referring to his first summit with Kim in Singapore in 2018.

"He does not want to void his special relationship with the President of the United States or interfere with the U.S. Presidential Election in November," he said.

North Korea's state media KCNA reported earlier on Sunday that it had carried out a "very important" test at its Sohae satellite launch site, a rocket-testing ground that U.S. officials once said North Korea had promised to close.

The reported test comes ahead of a year-end deadline North Korea has imposed for the United States to drop its insistence on unilateral denuclearization. Pyongyang has warned it could take a "new path" amid the stalled talks with the United States.

"North Korea, under the leadership of Kim Jong Un, has tremendous economic potential, but it must denuclearize as promised," Trump said on Twitter.

The KCNA report called it a "successful test of great significance" but did not specify what was tested.

Missile experts said it appeared likely the North Koreans had conducted a static test of a rocket engine, rather than a missile launch.

> **"North Korea, under the leadership of Kim Jong Un, has tremendous economic potential, but it must denuclearize as promised."**
>
> Donald Trump

"If it is indeed a static engine test for a new solid or liquid fuel missile, it is yet another loud signal that the door for diplomacy is quickly slamming, if it isn't already," said Vipin Narang, a nuclear affairs expert at the Massachusetts Institute of Technology in the United States.

"This could be a very credible signal of what might await the world after the New Year."

Tensions have risen ahead of a year-end deadline set by North Korea, which has called on the United States to change its policy of insisting on Pyongyang's unilateral denuclearization and demanded relief from punishing sanctions.

On Saturday North Korea's ambassador to the United Nations said denuclearization was now off the negotiating table with the United States and lengthy talks with Washington are not needed.

"The results of the recent important test will have an important effect on changing the strategic position of the DPRK once again in the near future," KCNA reported, using the initials of North Korea's official name, the Democratic People's Republic of Korea.

Asked in a CBS "Face the Nation" interview if North Korea might be preparing to resume nuclear tests, U.S. National Security Adviser Robert O'Brien said that "would be a mistake on the part of North Korea."

Pyongyang's last nuclear test, its sixth and most powerful, took place in September 2017.

"It doesn't end well for them if they do. If North Korea takes a different path than the one it's promised ... we've got plenty of tools in the toolkit," O'Brien said on Sunday.

Recent days have also seen a return to the highly charged rhetoric that raised fears of war two years ago.

In 2017, Trump and Kim famously engaged in a war of words, with Trump calling Kim "Rocket Man" and North Korea calling Trump, now 73, a "dotard."

On Tuesday, Trump once again called Kim "Rocket Man" and said the United States reserved the right to use military force against North Korea. Pyongyang, in response, said any repeat of such language would represent "the relapse of the dotage of a dotard."

North Korea has announced it would convene a rare gathering of top ruling-party officials later this month, and on Wednesday state media showed photos of Kim taking a second symbolic horse ride on the country's sacred Mt. Paektu.

REUTERS

Saudi is lone suspect in Florida naval base rampage

2 Investigators believe a Saudi Air Force lieutenant acted alone when he killed three people and wounded eight at a U.S. Navy base in Pensacola, Florida, before being fatally shot by a deputy sheriff, the FBI said on Sunday. But they have yet to determine a motive for the rampage, even though fellow Saudi students at the base who were close to the shooter are cooperating with investigators, said Rachel Rojas, special agent in charge of the FBI's Jacksonville office and lead investigator on the case. Rojas said the FBI was working, as it does in most mass shootings, on the presumption that it was an act of terrorism, but she stressed that was largely to allow investigators to use special tools afforded to them in terrorism cases. "We are looking very hard at uncovering his motive" she said. REUTERS

U.S. and Iran swap prisoners in act of cooperation

3 The United States and Iran each freed a prisoner on Saturday in a rare act of cooperation between two longtime foes whose ties have worsened since President Donald Trump took office. Iran released Xiyue Wang, a U.S. citizen who had been held for three years on spying charges, while the United States freed Iranian Massoud Soleimani. He had been facing charges of violating U.S. sanctions against Tehran. A senior U.S. official said Washington was hopeful that Wang's release would lead to the freeing of other Americans held in Iran and it was a sign Tehran was willing to discuss other issues. Wang appeared to be in good health and humor, he said. Trump thanked Iran on Twitter for a "very fair negotiation" that led to the exchange, adding the swap showed the U.S. and Iran "can make a deal together."

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Philly officials want parents to turn in guns

To combat the gun violence epidemic, Philly is asking parents to hand over their firearms.

BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

Philadelphia is asking local parents to turn in firearms in an effort to fight an ongoing epidemic of gun violence that has resulted in 110 residents under the age of 18 being shot this year.

The gun turn-in initiative is asking for all parents to search their homes for weapons and drop them at designated local spots, no questions asked. Four locations across the city will be accepting guns this Saturday as well as the following Saturday.

Bilal Qayyum, president of the Father's Day Rally Committee, was quoted in Inquirer.com as saying, "We're calling on parents to do room checks of your house, and if there are any guns that you find, you can turn those guns into police — no questions asked."

Qayyum added, "We're asking parents to take responsibility."

It has been reported that acting Police Commissioner Christine M. Coulter stated that those who turn in weapons will not face prosecution. It was also reported that at the locations where guns are turned in, they will not require identification from participants.

Coulter stated, "That one gun, or two guns, or five guns, or 20 guns will all be ones that we now know are not going to be used against our children, [or] used by our young people to settle disputes."

CBS reports that over the weekend, three children were shot, including an 11-year old grazed with a bullet while walking Friday in Southwest Philadelphia.

In previous programs, officials offered incentives such as gift certificates or money for those who turned in weapons.

Councilman Kenyatta Johnson told outlets, "I don't believe you should have to give out a card for people to go shopping in order for them to do the right thing."

Johnson continued, "If we don't deal with this issue right now, we are on the verge of losing a whole generation of young people to gun violence. This is a crisis, and it is being treated as such."

Philly's turn-in program follows several other cities, states and countries that have taken similar "gun amnesty" style measures. ABC reported that earlier this year, Chicago launched a gun buyback program, where the city offered $100 per each gun turned in and $10 for BB guns, air-guns and replica guns.

CNN reports that in Australia, a three-month program from July to September 2017 resulted in a staggering 57,324 firearms being surrendered, as well as 2,432 parts.

The time, locations and dates are as follows:

- Dec. 14, 10 a.m. to 2 p.m.: Taylor Memorial Baptist Church, 3817 Germantown Ave.
- Dec. 14, 10 a.m. to 2 p.m.: Mother Bethel African Methodist Episcopal Church, 419 S 6th St.

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PHOTOS BY PAOLA NOGUERAS

Theater of the gun

At a time when Mayor Kenney offers new gun initiatives, the one-woman plays "Natural Shocks" at Simpatico Theatre and "On the Exhale" at Theatre Exile study the literal and figurative face of violence.

A.D. AMOROSI
letters@metro.us

As of the first week of November 2019, the murder rate in Philadelphia had claimed just over 300 lives, a 7% increase from last year and the highest number since 344 in 2007.

In response to these shocking statistics, Philadelphia Mayor Jim Kenney, following his November re-election, let the locals know he was on the case with an initiative to combat growing gun violence in the city. While the Mayor discussed the need for stronger gun laws starting at the federal then state level, Kenney also announced that he would step up the usual policing of high crime areas of the city, heighten the consequences of all criminal activity and targeting high-rate offenders. How all that jives with DA Larry Krasner's seemingly opposite goals is a matter for another report.

Mayor Kenney isn't the only person responding immediately to the onslaught of gun violence.

During a December where several local theaters put on fantastical, holiday-themed productions with several variations on the Dickens-penned "A Christmas Carol," two local theaters are knee deep in starkly serious, searing one-woman showcases devoted to gun violence – both in the home and on the block.

While South Philadelphia's Theatre Exile hosts playwright Martin Zimmerman's coarse, yet lyrical "On the Exhale" through Dec. 22, starring Suli Holum, Center City's The Drake and Simpatico Theatre tackle playwright Lauren Gunderson's darkly comic "Natural Shocks" starring Amanda Schoonover, also until Dec. 22.

To say both productions feature two of Philadelphia's most powerful actors would be an understatement. Schoonover is a Barrymore Award-winner for local theater excellence who just wrapped up a role in the all-Philly-filmed upcoming AMC series from Jason Segal, "Dispatches From Elsewhere." Holum is a founding member of the inventive Pig Iron Theatre Co., and artistic director of The Work, an incubator space for new performance. She too has a Barrymore on her mantlepiece.

Beyond acing chops, it is the sharpness of the texts' critique and the present day necessity for their being that makes these plays crucial – a form of reportage that cuts straight to the heart of current affairs.

Matt Pfeiffer, the Associate Artistic Director of Theatre Exile and the director of "On the Exhale," is drawn to theater works "about action" that "ask very clear questions."

As a one-woman show about a highly traumatic subject – the death of her child to gun violence is part of the narrative – Pfeiffer looks to navigate an actor's psychological integrity while being mindful of where Holum's character must spend her emotional capital without exploiting her or moralizing to a paying crowd.

"I'm trying to help her do something

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imaginable – portray the real experience of gun violence – without being torturous to the artist or the audience. You have to do this without sensationalizing. The playwright does, however, take the play to places the audience will not see coming."

With that, "On the Exhale," is "numbing, all about grief, and struggling for the answers," stated the director, pointing particularly to one scene where the play's sole character goes to shoot the gun that was actually used in the tragedy.

"There are plays that have been produced in the last several years that touch on gun violence. 'Gloria' by Brandon Jacobs-Jenkins is one that is particularly vivid, abut violence in the workplace. Then again, Shakespeare's 'Romeo and Juliet' is also violent. The perspective of 'On the Exhale' is that of a grieving mother, a survivor, but, where the character goes with its elements of revenge fantasy is what will prick up your ears."

After mentioning that playwright Lauren Gunderson offered one principle author instruction in regard to "Natural Shocks" and portraying America's obsessions with violence (there is one gun in the show and it should never be pointed at the audience), director Elise D'Avella claimed that her play starts out blackly comical, but winds up with a hard realistic finish, while avoiding being preachy. "Someone who is OK with having guns in their house can come to this show and engage in the conversation without being worried about being attacked."

Playing up the comic aspects of "Natural Shocks" and its 65-minute run time, D'Avella said you won't know what hit you.

"The whole time that you're going along with 'Natural Shocks,' you'll think it is one thing, until you see and hear that it isn't," said the director. "It is written impeccably well, with an incredible twist, and with greater relevancy by the day. It engages with a lot of important conversations right now, such as domestic violence, gun violence and mass shootings." D'Avella even confessed, quietly, that both she and her acting collaborator Schoonover both personally related to the ideas of domestic violence.

D'Avella stated that during "Natural Shocks," there are feelings of helplessness in regard to gun violence that touch on the very idea of what Mayor Kenney is going up against with his recent initiatives. "It will have you questioning what is and isn't being done," she claimed. "How much more normal will the events of shooting become?"

344

As of the first week of November 2019, the murder rate in Philadelphia had claimed just over 300 lives, a 7% increase from last year and the highest number since 344 in 2007.

It is not lost on Pfeiffer that the local violent topicality of his show, "On the Exhale," and Simpatico's "Natural Shocks," might not suit the Christmas season.

"Just in time for the holidays, right," he said with a laugh of the merry and bright. "But gun violence is an important topic, and we do have audiences that don't want to be inundated with comedies like 'Elf' or a 'A Christmas Carol.' To enjoy the light, you have to understand the dark. Now then, is a perfect time to stage 'On the Exhale' – at the end of the year, we think about the things we hold most dear, and this play explores losing those things and figuring out how to go on."

Be sure to catch "On the Exhale" running at Theatre Exile until Dec. 22, and "Natural Shocks," running at The Simpatico Theater at The Drake through Dec. 22.

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Philly releases first urban forest plans

Lush cherry trees blossom in Philadelphia's JFK Plaza. ISTOCK

To help with Philly's sustainability goals, Philly developed The Future of the Urban Forest Plan.

BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

Philly has launched its first urban forest strategic planning process as part of the city's sustainability goals.

According to a press release, the plan will put together a decade-long strategy to protect, grow and care for Philly's tree canopy and help residents combat climate change. Officials have dubbed the plan, "The Future of the Urban Forest."

The plan is set to provide recommendations to Philly and its partners to help the city become more tree-friendly. To help start the process, Philly hosted a "Tree Summit," which was a meeting comprised of 100 environmental educators, Philly's leading arborists, community leaders organized by Philadelphia Parks & Recreation and the City's Office of Sustainability at the Discovery Center in East Fairmount Park.

"The launch of the Future of the Urban Forest planning process is an opportunity to accelerate efforts from across Philadelphia to protect our tree canopy and improve quality of life and health outcomes for residents," said Mayor Jim Kenney in a press release.

Kenney added, "Creating a safe, sustainable, and enjoyable place to live is a priority of our administration, and I am confident this process will deliver a plan that promotes new ways to increase the tree canopy to benefit the health and sustainability of all neighborhoods and for all Philadelphians."

Advice for the 10-year Future of the Urban Forest plan will come from the 2019 Philadelphia Tree Canopy Assessment. It's been about a decade since the first Philly Tree Canopy assignments, according to a press release. Since the initial assessment, Philly's overall tree canopy decreased by 6 percent between 2008 and 2018.

The first step of developing the Future of the Urban Forest plan is to issue a competitive Request for Proposals (RFP) and find an expert to lead it. The leader will be determined by a team of representatives from Philadelphia Parks & Recreation, Philadelphia Office of Sustainability Fairmount Park Conservancy, Philadelphia City Planning Commission, the Pennsylvania Horticultural Society, U.S. Forest Service, Pennsylvania Department of Conservation and Natural Resources, Morris Arboretum and Penn State University.

This step of the process will take between 12 to 18 months. The Future of the Urban Forest Plan has been funded by the William Penn Foundation and has some additional support from TD Bank.

A press release states there will be a series of public meetings to get feedback. For updates and meeting locations and times, you can sign up for their mailing list.

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U.S. Democratic presidential candidate Sen. Elizabeth Warren holds a town hall event in West Des Moines, Iowa on November 25, 2019. REUTERS

As poll numbers slide, Warren wrestles with Medicare for All dilemma

Senator moving toward more populist anti-corruption message.

With support for Elizabeth Warren's White House bid sliding since the release last month of a divisive plan to overhaul healthcare, the Democratic presidential contender has made an effort to refocus her campaign in early-voting Iowa on her signature anti-corruption message.

Some supporters worry that shift could end up hurting the Massachusetts senator, however. Now that Warren has put her $20.5-trillion Medicare For All plan on the table, they want the candidate to try harder to win over doubting voters.

"I don't think she should brush it under the rug," retired teacher and Warren backer Karla Thompson, 60, said at a town hall in Marion, where her wife told the candidate she was worried about the plan. "That's what will make or break her."

For the moment, Warren appears to be treading carefully on the issue.

While she said little about Medicare for All while campaigning in Iowa last week, her campaign there has been mobilizing outside experts to hold town halls and educational house parties to convert skeptics, making an aggressive outreach in the crucial state that will kick off the nominating contests.

In three Iowa town halls, Warren mentioned Medicare for All only after asked or fleetingly at the end of her stump speeches. Her campaign, however, planned to host at least eight healthcare-specific events in the state over the following week, along with general policy discussions and trainings for the Feb. 3 caucuses.

The outreach reflects how the controversy around her proposal has become a central issue for Warren - even though she never set out to have it define her White House bid.

For months, Warren has been running on a populist message of fighting Washington corruption and Wall Street greed. But her promise to expand government health insurance coverage without raising middle-class taxes is what has drawn the most attacks from rivals who say it is unrealistic and from some voters concerned it is too extreme.

> **"I think the people who are most critical of Medicare for All don't even know what it is."**
>
> Clair Celsi, Iowa state Senator

Warren's momentum has stalled in the month since she announced how she would finance and implement the system, a policy previously tied most closely to U.S. Senator Bernie Sanders of Vermont, who is also in the race.

A Nov. 6-13 CBS News/YouGov poll put Warren in fourth place in Iowa, trailing Sanders, former Vice President Joe Biden and Pete Buttigieg, the mayor of South Bend, Indiana. The same poll in mid-October had her tied for first with Biden.

Iowa state Senator Clair Celsi, who endorsed Warren, has suggested the campaign produce explanatory videos as, "I think the people who are most critical of Medicare for All don't even know what it is," she said.

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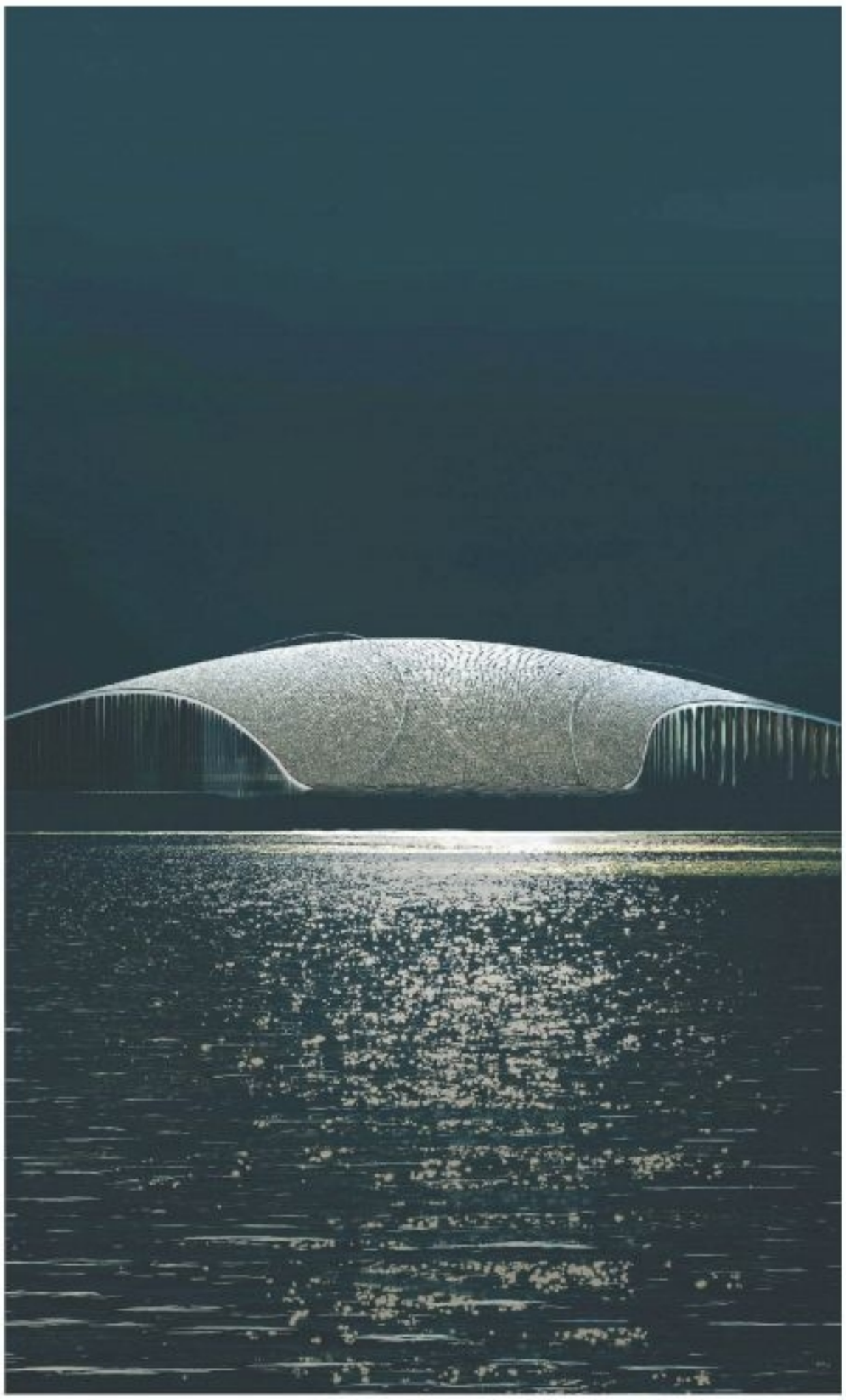

This 'whale' will become the new Arctic attraction

Dorte Mandrup won a competition.

Architecture studio Dorte Mandrup has recently become the winner of an international competition to build the next Arctic attraction. Situated at Andenes, by the edge of the ocean, 'The Whale' will grow out of the dramatic Norwegian landscape. It will rise naturally as a soft hill on the rocky shore as if a giant lifts a thin layer of the crust of the earth and creates a cavity underneath.

"Located this far North, Andøya is a unique place and The Whale an extraordinary project."

Dorte Mandrup, founder and creative director of the studio

Conservation of whales

Andenes is one of the best places in the world to spot whales and that is why the new attraction will be constructed there. It is also expected that this project will help in whale research and their conservation. "Not only will we be creating architecture in yet another remarkable landscape, but we will also take part in increasing the understanding of whales and preservation of marine life," Dorte Mandrup stated. MWN

2022

Is the year in which 'The Whale' project is expected to be constructed.

Visitors and locals will be invited to walk on the roof and have an unspoiled view of the ocean and the mountains.

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the Grumble

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Aries Listen, observe and gather facts. Diplomacy will be required if you don't want to face a backlash and blame for something you didn't do. Keep the peace.

Taurus Let your memories lead you back in time to old friends, loved ones or pastimes you used to enjoy. It's never too late to go back. Love and romance will give you a big boost.

Gemini Be reserved around people whom you suspect of harboring ulterior motives. Do what's expected of you and move along. The more you get done, the better you will feel. Avoid disputes.

Cancer Choose to have fun. A positive attitude will lead to popularity and plans with someone special. An unexpected opportunity will help you reach a higher goal than anticipated.

Leo You can make changes at home, but don't go overbudget. An innovative plan will lower your overhead or give you the space you need to explore a new project.

Virgo You will be offered valuable information that will help you get ahead. Make arrangements to celebrate with a loved one. Personal gains and romance will liven up your day.

Libra Take care of your responsibilities. You will damage your reputation if you fall short or let someone else take control. Live up to the promises you make.

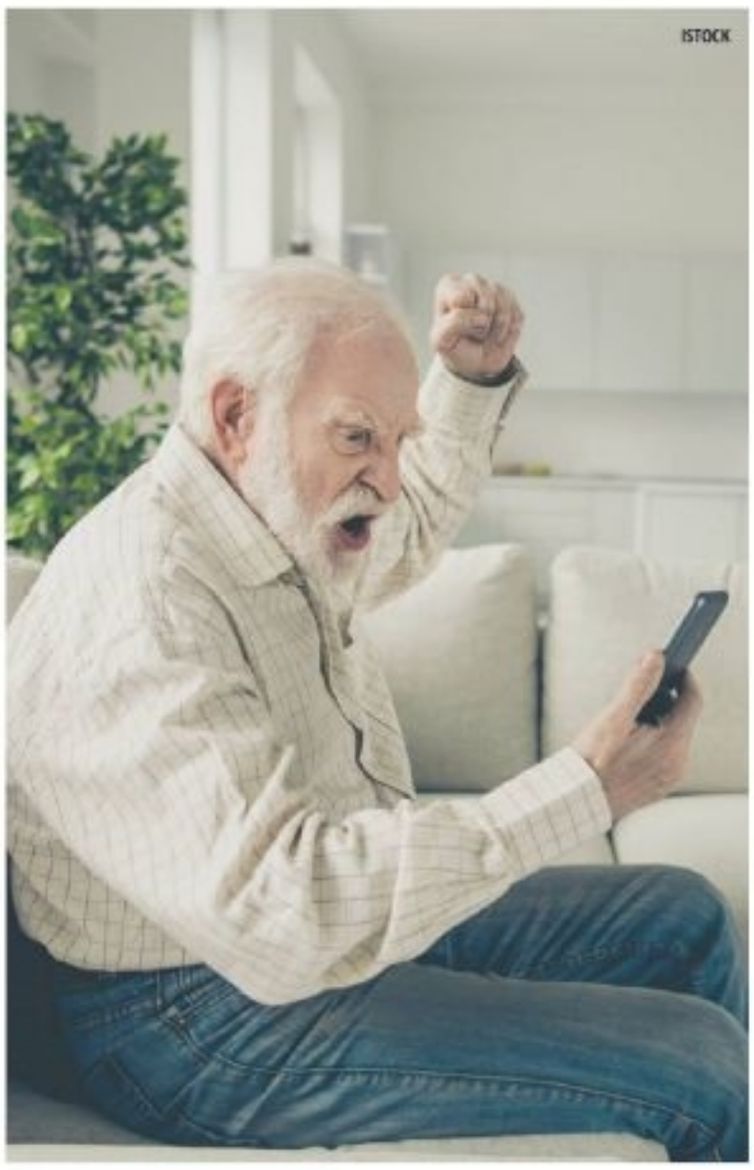
Scorpio Do what makes you happy. Talks will lead to healthy choices that will improve your livelihood, relationships and future. Make personal growth and romance priorities.

Sagittarius Don't accommodate someone who is using emotional tactics to pressure you into something. Stick to what's practical instead of trying to do the impossible to avoid an emotional or financial loss.

Capricorn Do what makes you happy. Talks will lead to healthy choices that will improve your livelihood, relationships and future. Make personal growth and romance priorities.

Aquarius Remember an incident and the people involved to find insight into how best to move forward now. An old goal may be revived, giving you a new perspective.

Pisces Say what's on your mind and clear the air. Once you have answers, you will know precisely what you must do. Use your imagination and take action. Romance is on the rise. EUGENIA LAST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There was a time when typos were considered anomalies – things that happened so rarely that people would save newspapers where they found a typo – perhaps thinking it would be worth something someday! Today, you find typos everywhere -- in upscale magazines, major newspapers, novels ... just leave it to Spellcheck! Why bother double-checking?!!!

PEOPLE – machines are not infallible!!! Let's have some oversight!! Some sense of responsibility!! Some common sense!!! PLEASE!!!

Anonymous, *Metro US reader*

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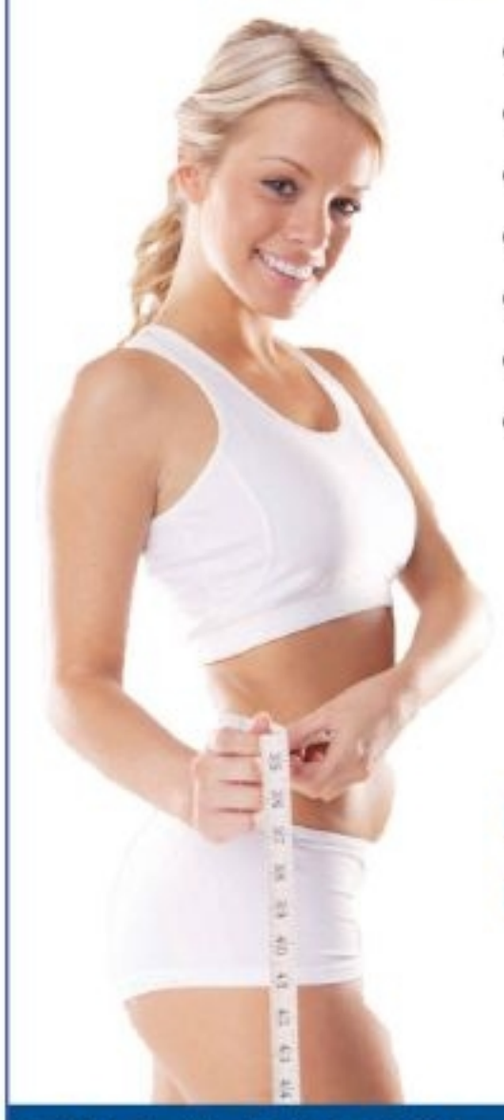

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Lifting off with Berhana

The genre-defying artist takes us through his debut album, 'HAN.'

PAT KING
patrick.king@metro.us

The music that singer Amain Berhane creates under his alias Berhana moves at a dream-like rhythm. On his debut album, "HAN," the first notes you hear on the introduction track "HN 001" are ethereal plinking piano keys as the listener is greeted by an inflight announcement. "Our trip will round out to thirty-three minutes and thirty-three seconds," the disembodied inflight voice says. "Once the album is in progress, we ask that you fasten your headphones. Do this by placing the foam fittings over each ear, one at a time. Tighten, until you feel the bass has reached maximum slap. We suggest you take a moment to clear your thoughts in preparation of our journey. Thank you for choosing 'HAN.'"

From there, Berhana takes you on a genre-defying journey of vintage R&B, hip-hop, electronica and even tightly coiled rock and roll. The album's free-flowing musical references and lyrical content that takes the listener on a globe-trotting journey from Japan to California makes "HAN" one of the most engaging and enjoyable records you are bound to hear this year. When I caught up with Berhane over the phone, he explains that this kind of epic scope was something he wanted to create from the beginning.

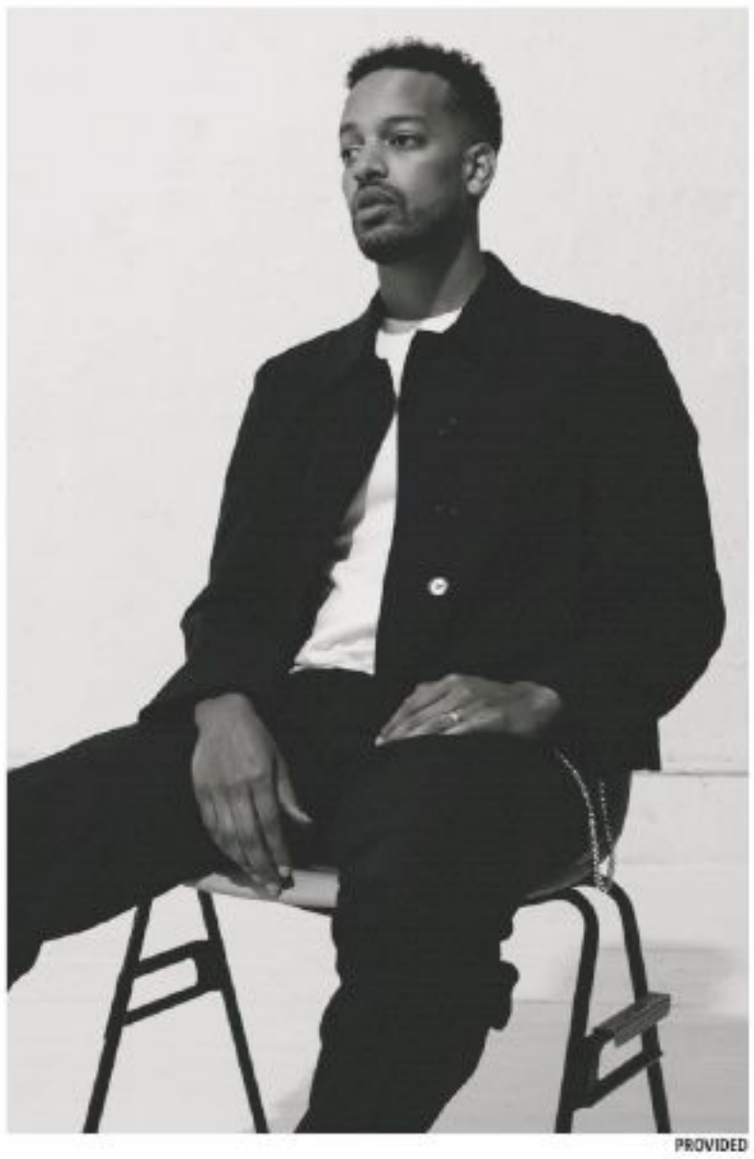
"I wanted it to feel like an international trip whereby the end of it, you feel like you're coming home," he says. "I think that really started with the very last record on my EP [from 2016] I put out before this called 'Grey Luh.' The last line is, 'Copped this one way out to Mexico / Cause you compress my soul and call it love.' So for me, that was kind of the beginning of this journey and I wanted this album to see it through."

The lyrical journey matches the musical qualities of the record and to get this feeling on tape, the recording of "HAN" had to take on a globetrotting aspect as well with a large cast of characters to help along the way.

"We recorded the album in three different countries. We recorded in L.A., Japan, and also Vancouver. So we got to move around while making the album and focus on instrumentation which is something I've always wanted to do and hone in on. I got to bring in a lot of really great musicians and producers who I've always wanted to work with… It was a fun time making the album and I think you can tell when listening to the music," says Berhana.

There is this sense while listening to "HAN" that nearly anything could happen. The smooth R&B of songs like "Drnuk" and "Health Food" may set the pace, but you lose your footing in the best possible ways with songs like the aggressive "G2g" and the spaced-out "Flashback." This unpredictable nature is something that inspires him and makes Berhana one of the most exciting new artists we have.

"I think subverting expectations is something I want to do within everything I create," explains Berhana. "Whether it's in a live show, a short film, or an album. Whatever it is I'm creating I don't want it to be something where you [say], 'Oh yeah, this is exactly what I thought it was going to be.'"



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4 fun things to do in Philly this week

Enjoy some unique holiday pop-ups, get your ears pierced for free and much more.

MOLLY GIVEN
Molly.Given@metro.us

Sip on some delightful holiday cocktails at the Ritz this week. ALL PHOTOS PROVIDED

Looking for some fun and unique things to do in Philly this week? We've got you covered.

Townhome Collective Piercing Party

Dana Bank, owner of Townhome Collective, is hosting a two-day piercing and holiday party featuring Dana Rebecca jewelry. Dana will be onsite to help guests "curate their perfect ear" and provide an array of jewelry from her line for guests to peruse and buy. All piercings are complimentary with the purchase of earrings, and plenty of tasty snacks and bubbly will be available for all who attend.

The first session will take place Wednesday, Dec. 11 at AKA Rittenhouse Square (3 p.m. – 8 p.m.), followed by Thursday, Dec. 12 at Rebel in Suburban Square (10 a.m. – 2 p.m.).

Dec 11 and 12, 3 p.m. - 8 p.m., 10 a.m. - 2 p.m., various locations, Philadelphia, townhomecollective.com

Tinsel & Tidings at The Logan's Holiday Lodge

The first three Thursdays of December are getting really festive at The Logan Hotel in downtown Philadelphia. The new Holiday Lodge themed area at The Logan will feature a Santa letter-writing station in collaboration with Philly Typewriter and The Papery, a Winter Ski Lodge Bar serving hot cocoa and festive toppings and specialty holiday cocktails that guests can sip on by a fire and a holiday Polaroid station with fun-loving props and a chic, modern-day Santa Claus.

According to the release, The Logan's Holiday Lodge will also be hosting a series of weekly, interactive workshops with local partners such as wreath-making with May with Love and personalized candles with Wax + Wine. The property's farm-to-table restaurant, Urban Farmer, will also be hosting a gingerbread cookie and hot chocolate class as well.

Dec 12, 4 p.m. - 7 p.m., The Logan Hotel, 1 Logan Sq, prices vary, curiocollection3.hilton.com

Holiday Pop Up in The Ritz-Carlton Chalet

If you need a spirited pick-me-up this holiday season, head to Ritz Carlton Chalet to indulge in their festively delicious pop-up bar serving a variety of tempting libations including a Cinnamon Maple Bourbon Sour, Champagne, naughty or nice hot chocolate and a decadent sweet & savory station.

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At 10 am at 2515 S. Front St., Phila., PA 19148
1058 Robert Bothe, 4022 Christopher Fry, 3039 Daniel Grant, 5462 Thelma Humphrey, 5308 Kathleen Knorr, 3077 Edward Moore, 2030 Jessie Tweed, 2009 Rosaura Varella.
At 10 am at 7049 Frankford Ave., Phila., PA 19135
1204 Delphine Clark, 0018 Deanna Cobb, 102 Michael Grosswald, 1102 Thomas Manyanski, 1120 Delia Rios, 1119 Kierra Robinson, 409 Jose Santiago, 1510 Jennifer Smith, 104 Tyrone White.
At 10 am at 5440 North 6th Street, Phila., PA 19120
2701 Michael Bowman, 46 Benjamin Burwell, 3601 Kenneth Dixon Jr., 3303 Deocarte Gilmore, 107 Brenda Harris, 309 Brenda Harris, 2004 Dekeno Jackson, 1304 Veronica Jackson, 2312 Justino B. Johnson, 3507 Takiea Jones, 700 Shakeah Robinson, 1102 Shamika Saunders, 1010 Montaye Smith, 906 Marissa Spellman, 45 Michael Spratley Jr., 2111 Sarina Starrett, 327 Kimberly Stevens, 710 Jamar Stevens, 28 Alannah B. Washington, 909 Shanica Wilkins, 2101 Alexa Logan-Woods.
At 10 am at 5026 Ridge Ave., Phila., PA 19128
413 Joseph Brown, 719 Patrick Delessandro, 711 Mark Hill, 1411 James Jackson, 677 Darryl Lancaster-Smith, 660 Daniel W. Land Jr., 469 Paul Olsen, 404 James Pickett, 548 James Pickett, 2301 Debra Rice, 240 Levi Scott, 2222 Tara G. Tschanz, 35 Eric Ward, 44 Artessa Williams.
At 10 am at 6758 Ridge Ave., Phila., PA 19128
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At 10 am at 850 N. Eagle Rd., Havertown, PA 19083
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PHILADANCO's "Xmas Philes"

Tickets ($85) include one cocktail and access to the sweet & savory station. Philadelphians can also enjoy live entertainment from BVT Live and check out the Ritz's Holiday Light Show in the hotel lobby's grand rotunda while there (running until Jan.1).
Dec. 12 and 13, Ritz Carlton, 10 Ave. Of The Arts, Philadelphia, $85, ritzcarlton.com

According to a release, PHILADANCO's "Xmas Philes" pairs PHILADANCO's colorful contemporary dance with popular Christmas songs and choreography by Daniel Ezralow. With a tapestry of holiday music, "Xmas Philes" mixes traditional and contemporary versions of holiday classics in a modern dance setting with Hollywood flavor. There will be four performances this week: Dec. 12 at 7:30 p.m., Dec. 13 at 8 p.m. and Dec. 14 at 2 p.m. and 8 p.m. All Philadelphians who attend Dec. 12's performance are invited to join a champagne toast to celebrate PHILADANCO's 50th anniversary, the 60th anniversary of the Philadelphia School of Dance Arts and founder and national dance icon Joan Myers Brown following the performance.
Dec. 12-14, times vary, Annenberg Center, 3680 Walnut St., $29-$49, annenbergcenter.org

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Natural Born (Scandinavian) Elegance: ANINE BING

"Our goal with the brand is to create building blocks for the modern woman's wardrobe. I always believe less is more."

LUZ LANCHEROS MWN
letters@metro.us

Anine Bing is one of the most important designers and 'it girls' today when talking about highly-awarded Scandinavian style. This scene, built in the last few years by a fascinating group of style icons and brands, has been very celebrated and imitated in the fashion industry and on social media. The former model and singer, Los Angeles-based Danish designer started to inspire with her own edgy and minimalist style, creating a successful brand that has been highlighted in the most important fashion magazines around the world and on websites like Net-a-Porter. Currently, the creator has released her new collection in collaboration with the recently deceased iconic photographer Terry O' Neill, inspired in that natural and organic charm that former movie star Brigitte Bardot was a timeless fashion icon of. And that is precisely Bing's key in the fashion universe. Metro chatted with her to learn more.

How have you built your effortless aesthetics? Where does it come from?
When I started the company, I wanted to make clothes that were effortless. It was really about designing the few pieces I wanted to wear again and again. Everything I design has that feel of being an essential in its own way which I hope will make them staples in everyone's closet for a long time. But, I'm also always looking for new inspiration to spark ideas and keep our brand feeling fresh.

What is your key in achieving to be effortless and chic at the same time? Many people try, but don't seem to succeed. In your case, both with your personal style and brand, how did you achieve this aesthetic?
We have such busy lives, most people don't have an extra hour to pick out what they're wearing, I know I don't, so I rely on basics to always mix and match and go together. Over the years, I've created a sort of uniform for myself so I can get ready quickly and so many people have been drawn to that, which I think is what makes our company successful.

Anine Bing wears pieces from one of her latest collections with the image of Brigitte Bardot. CONTRIBUTED

What is the secret of the famous phrase: "Less is more?" How could you define it in your own experience with fashion?
Our goal with the brand is to create building blocks for the modern woman's wardrobe. I always believe less is more. As long as I have a great blazer, T-shirt, denim and boots, I feel unstoppable.

Where do get your inspiration from? We see minimalist and rock vibes, but tell us please where your influences come from.
Our clothes are all about finding that perfect balance between effortless and put together with a little rock 'n' roll twist. Each piece is feminine but masculine and timeless but still cool and edgy so everything can mix and match easily. I pull inspiration from everywhere. The places I visit, music I listen to and vintage shopping around the world.

Why did you want to collaborate with Terry O'Neill?
I have always been inspired by Terry O'Neill's work and it has been a dream to collaborate with him on this collection. His style has been a part of our brand's DNA, and since the beginning I have been constantly surrounded by Terry's photographs, I have his infamous prints in my home and his beautiful books.

What from Brigitte Bardot as a fashion icon inspires you? In which ways does she match the spirit of your brand?
Back in 2012, when the brand first launched, I always put images of Brigitte Bardot on my mood boards. Her look is so timeless!

NOTICE OF PUBLIC SALE

To satisfy the owner's storage lien, PS Orange Co. Inc. will sell at public lien sale on December 19th, 2019, the personal property in the below-listed occupants' leased spaces, which may include but are not limited to: household and personal items, office and other equipment. The public sale of these items will begin at 10:00 AM and continue until all units are sold.

PUBLIC STORAGE# 21605, 3751 Bristol Pike, Bensalem, PA 19020, (215) 309-8353 • Time: 10:00 AM

A008 - Wise, Chemese; B006 - Armbruster, Thomas; B054 - Destined For A Dream Waller-Hill, Erica; B067 - Drucker, Lois; B083 - Bockhorn, Marisa; B113 - Weigand, Penny; B212 - McKenna, Daniel; B237 - Knowles, Katie; B240 - Russo, Amy; C088 - Woldorf, Ilene; C108 - Roque, Reinaldo

PUBLIC STORAGE# 23103, 1251 Byberry Road, Philadelphia, PA 19116, (215) 309-8020 • Time: 11:00 AM

B209 - Foy, Tricia; C314 - Mcdowell, Jadvan; C342 - Yates, Jaime; E522 - Herrar, Beulah; F644 - Garrison, Michael; G743 - Arndt, Christopher; J1203 - Haines, Kenneth; J1208 - Victor, Marci; J1244 - Cunningham Jr, Grady; L1056 - Clark, Darryl; O1542 - Cruz, Brian

PUBLIC STORAGE # 24232, 2700 Grant Ave, Philadelphia, PA 19114, (215) 490-9431 • Time: 12:00 PM

A020 - Payne, Reuben; B0047 - Erickson, Brandon; B0067 - Milton, Janeen; C0105 - Serban, Peter; D0192 - Morris, Dennis; E0260 - Anderson, Ralph; E0261 - Evans, Samantha; F0380 - Archer, Alisa; H0482 - Hurley, Nicole; I0608 - Brown, Celestine; I0615 - Molletta, Tameeka; J0531 - Butler, Derek; J0677 - Finn, William; J0746 - Nelson, Jonathan; J0749 - Mulholland, Kelly; J07B1 - Spencer, Jonesha; J0851 - Baker, Marquis; K0911 - Costello, Joseph; K0928 - Thompson, Kiana; K0929 - Brauer, Joseph; M1038 - Jordan, Patty; N1140 - Stewart, Arieli; N1189 - Long, Leah

Public sale terms, rules, and regulations will be made available prior to the sale. All sales are subject to cancellation. We reserve the right to refuse any bid. Payment must be in cash or credit card-no checks. Buyers must secure the units with their own personal locks. To claim tax-exempt status, original RESALE certificates for each space purchased is required. By PS Orangeco, Inc., 701 Western Avenue, Glendale, CA 91201. (818) 244-8080.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Pursuant to the lien granted by the Pennsylvania Self-Storage Facility Act, notice is hereby given that the undersigned self-storage units will be sold at a public sale by competitive bidding, to satisfy the lien of the Lessor, with Metro Storage LLC as managing agent for Lessor, for rental and other charges due from the undersigned. The said property has been stored and is located at the respective address below. Units up for auction will be listed for public bidding on-line at www.StorageTreasures.com, under the guidance of Christopher Rosa (License AU005857) on behalf of the facilities' management, beginning five days prior to the scheduled auction date and time. The terms of the sale will be by lot to the highest bidder for cash only. A 10% buyer's premium will be charged per unit. All sales are final. Metro Self Storage LLC reserves the right to withdraw any or all units, partial or entire, from the sale at any time before the sale or to refuse any bids. The property to be sold is described as "general household items" unless otherwise noted. All contents must be removed completely from the property within 48 hours or sooner or are deemed abandoned by bidder/buyer. Sale rules and regulations are available at the time of sale.

Property includes the storage unit contents belonging to the following tenants at the following locations:

Metro Self Storage 1354 Hook Rd, Sharon Hill PA 19079 • 610-583-7867

The bidding will close on the website StorageTreasures.com and a high bidder will be selected on 12/13/19 at 12:00pm.

Clintina Wyatte 15, Arnold Batts 120, Arnold Batts Jr 120, Samara Mack 277, Samara L. Mack 277, Jeffery Askew 300, Jason Scarpato 353, Sylvia Lee 364, Denisha Coleman 414, Stacey Brown 456, Luther Roberts 460

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on **12/21/2019** at **2:00PM** online at www.StorageAuctions.com at the Safeguard Storage facility located at Safeguard Self Storage, **6371 Keystone Street, Philadelphia, PA 19135 • 215-333-8320.** The personal goods stored therein by the following:

safeguard self storage

0102 Geraldine Leone, Boxes, Toys • 0315 Donna Cox, Boxes, Trunks
1313 Rohim Dang, Household Goods, Appliances • 1343 Christy Canning, Household Goods, Boxes, Tools
1402 Michael McQuilkin, Household Goods, Furniture, Boxes, Tools Appliances
2203 Ana Rodriguez, Household Goods, Boxes, Toys, Appliances, Tools

Purchases must be paid at the facility with Credit Card or Cash. All Purchases must be complete within 48 hours of the end of the online auction. A $100 cash cleaning deposit is required until all items in the unit are removed from the premises and verified by manager on duty. Sale subject to cancellation until the purchase is completed; company reserves the right to refuse any online bids.

Auction by StorageAuctions.com • Phone: (866) 944-8530

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on 12/21/19 at **1:00PM** online at www.StorageAuctions.com at the Safeguard Storage facility located at: Safeguard Self Storage, **3300 Frankford Avenue, Philadelphia, PA 19134 • 215-203-0760.** The personal goods stored therein by the following:

safeguard self storage

4017 Edwin Gonzalez, Household Goods, Boxes • 3106 John Horton, Household Goods, Boxes
4115 Alexander Bennett, Household Goods, Boxes • 3606 Tiffany Manning, Household Goods, Boxes
3404 Cristina Tufino, Household Goods, Boxes • 3404 Cristina Palmer, Household Goods, Boxes
2722 Airet Mussina, Household Goods, Boxes • 2722 Anelis Mussina, Household Goods, Boxes
1314 Genesis Rivera, Household Goods, Boxes • 4106 Jackeline Rodriguez, Household Goods, Boxes
4107 Angela Serrano, Household Goods, Boxes • 3408 Robert Smith, Household Goods, Boxes
4010 Ryan Sullivan, Household Goods, Boxes • 2101 Jennifer Gerlin, Household Goods, Boxes
3409 Cory Mcfadden, Household Goods, Boxes

Purchases must be paid at the facility with Credit Card or Cash. All Purchases must be complete within 48 hours of the end of the online auction. A $100.00 cash cleaning deposit is required until all items in the unit are removed from the premises and verified by the manager on duty. Sale subject to cancellation until the purchase is completed; company reserves the right to refuse any online bids.

Auction by StorageAuctions.com • Phone: (866) 944-8530

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on 12/21/2019 at **9:00AM** online at www.StorageAuctions.com at the Safeguard Storage facility located at: **Safeguard Self Storage, 1499 66th Avenue, Philadelphia PA 19126 • 215-224-6700.** The Personal goods stored therein by the following:

safeguard self storage

1128 Periola Boykin Furniture, Appliances, Sporting Goods, Boxes • 1226 Ernest Crawford Jr Mattresses, Appliances, Boxes
1362 Franklin Heard Tools, Furniture, Appliances • 1403 Shamonique Harris Mattresses, Boxes, Chairs • 2004 Kendal Mack Shelves, Furniture
2108 Sidney Anthony Chairs, Bed Frame, Sofa • 2130 Stanley Clayton Household Goods, Boxes, Bags • 2215 Daniel Mitchell Household Goods, Bags, Suitcase
2401 Antonia Mills Boxes, Trunks, Furniture • 3413 Tristan Buckman Sofa, Loveseat • 2711 Pamela Robinson Boxes, Totes, Chair • 3118 Lawrence Jones Bags, Bed
3215 Shamaine Simpson Furniture, TV, Boxes • 3219 Lucinda Parker Furniture, Boxes, Household Goods • 3228 Latoya Goode Boxes, Totes, Mattress
3301 Kamesh Murphy Bags, Boxes, Clothes • 3343 Sadira Thigpen Boxes, Bags • 3501 Shamaine Simpson Bags, Totes

Purchases must be paid at the facility with Credit Card or Cash. All Purchases must be complete within 48 hours of the end of the online auction. A $100.00 cash cleaning deposit is required until all items in the unit are removed from the premises and verified by the manager on duty. Sale subject to cancellation until the purchase is completed; company reserves the right to refuse any online bids.

Auction by StorageAuctions.com • Phone: (866) 944-8530

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on **12/21/2019** at **3:00PM** online at www.StorageAuctions.com at the Safeguard Storage facility located at Safeguard Self Storage, **1333 Rhawn Street, Philadelphia, PA 19111 • 215-342-8741.** The personal goods stored therein by the following:

safeguard self storage

1905 Virginia Scharf, Household Goods
2123 Elizabeth Darsney, Household Goods

Purchases must be paid at the facility with Cash. All Purchases must be complete within 48 hours of the end of the online auction. A $100 cash cleaning deposit is required until all items in the unit are removed from the premises and verified by manager on duty. Sale subject to cancellation until the purchase is completed; company reserves the right to refuse any online bids.

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Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on 12/21/19 at **11:00AM** online at www.StorageAuctions.com at the Safeguard Storage facility located at Safeguard Self Storage, **1221 N. Broad Street, Philadelphia, PA 19122 • (215) 684-3792.** The personal goods stored therein by the following:

safeguard self storage

0122 Dave Taylor, Household Goods, Furniture, Boxes, Toys • 0502 Angela Young, Household Goods, Furniture, Boxes, Trunks, Suitcases
0511 Deandre Pittman, Household Goods, Boxes, Sporting, Goods • 1108 Harry Herron III, Household Goods • 2230 Dms Coker-Joy, Boxes
4104 Waldamir Carter, Household Goods, Toys, Sporting, Goods • 4105 Tionna Frisby, Household Goods, Boxes
4207 Beverly Sims, Household Goods, Boxes, Appliances, Clothes, Keyboard, Fridge Equipment

Purchases must be paid at the facility with Credit Card or Cash. All Purchases must be complete within 48 hours of the end of the online auction. A $100.00 cash cleaning deposit is required until all items in the unit are removed from the premises and verified by the manager on duty. Sale subject to cancellation until the purchase is completed; company reserves the right to refuse any online bids.

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NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on 12/21/2019 at **12:00PM** online at www.StorageAuctions.com at the Safeguard Storage facility located at **Safeguard Self Storage 830 E. Hunting Park Avenue, Philadelphia PA 19124 (215)288-8251** The personal goods stored therein by the following:

safeguard self storage

3207 Rene Delvalle, Household Goods, Boxes • 1509 Waldemar Gonzalez, Household Goods, Boxes
3319 Kristina Lane, Household Goods, Boxes • 1219 Keryan Maldonado, Household Goods, Boxes, Toys
3222 Jean Mendez, Household Goods, Boxes, Bags • 3126 Eladio Sanchez III, Household Goods, Boxes, Clothes
2301 Brian Santiago, Household Goods, Boxes, Toys • 2303 ANGELA ANDERSON, Household Goods, Boxes, Bags

Purchases must be paid at the facility with Credit Card or Cash. All Purchases must be complete within 48 hours of the end of the online auction. A $100.00 cash cleaning deposit is required until all items in the unit are removed from the premises and verified by the manager on duty. Sale subject to cancellation until the purchase is completed; company reserves the right to refuse any online bids.

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safeguard self storage

3506 Natalie Garrett, Furniture, Boxes, TV's, TV Stand • 3213 Angela Watkins, Furniture, Boxes, Clothes, Shoes
3202 Marcia Fells, Boxes, Appliances • 2309 Kaitlyn Grant, Furniture, Boxes, Household Goods, Appliances
2307 Marquita Mcknight, Household Goods, Boxes, Furniture, Trunks, Suitcases, Appliances
2122 Antoinette Lloyd, Boxes, Appliances, Household Goods, Trunks
0310 Rachel Daniel, Household Goods, Boxes, Clothes, Shoes, Pictures, Paintings

Purchases must be paid at the facility with Credit Card or Cash. All Purchases must be complete within 48 hours of the end of the online action. A $100.00 cash cleaning deposit is required until all items in the unit are removed from the premises and verified by the manager on duty. Sale subject to cancellation until the purchase is completed; company reserves the right to refuse any online bids.

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A New Sex Pill Takes the Spotlight as the Viagra Patent is About to Expire

A patented pill costing less than $1 a dose stands to help millions of men with failing sex lives; no prescription will be required

By Ray Wilson
Associated Health Press

AHP – A new sex pill is set to take the spotlight with the Viagra patent about to expire. But unlike the former, it won't require a prescription and is priced just under a $1 a dose.

The new pill called *Vesele* is part of a new class of performance enhancers for men, which work instantaneously on the body and mind triggering arousal and firmer, harder erections.

Formulated with a special compound known as an "accelerator", *Vesele* can transport its active ingredients faster and more efficiently into the blood stream, where it begins to work its magic.

The patented ingredient blend initiates a process known as vasodilation, which causes arteries and vessels throughout the body to expand. This allows blood to flow directly to penis and genitals, resulting in harder erections which last longer. Cialis and Viagra are based around a simlilar concept.

But what makes *Vesele* so remarkable, and what these other sex pills can't do, is that also directs a small portion of this blood flow to the brain, which creates feelings of intense arousal. In laymen's terms, users become incredibly excited and turned on.

This is why the makers of *Vesele* say their pill has worked so effectively in clinical trials. It stimulates the two most important organs for great sex, the penis and the brain.

The Brain Erection Connection

Until now, medical researchers did not fully understand the brain-erection connection. It has now been made clear with *Vesele*. When both are supplied with a constant blood flow, men are harder and firmer for longer...and have unbelievable sex drives.

"Most of the research and treatment methods for men's sexual failures have focused on physiological factors and have neglected the emotional ones. For the leading sex drugs to work, like Cialis and Viagra, you need visual stimulation" explains Dr. Henry Esber, the creator of *Vesele*.

"And although they work for some men, the majority experience absolutely no fulfillment during sex.

According to research published by the National Institute of Health, 50% of men taking these drugs stop responding or can't tolerate their side effects...and on top of that they spend $50 per pill and it doesn't even work half the time.

This is what makes *Vesele* so different and effective. It floods the blood stream with key ingredients which cause arteries all over the body to expand. The patented accelerator speeds up this process even more.

The result is a rush of blood flow to the penis and brain, helping to create an impressive erection and a surging desire for sex. Often, this is all men need to get going. And when taken regularly, many men say they are energized and aroused all day."

Great Sex At Any Age

With the conclusion of their latest human clinical use survey trial, Dr. Esber and his team are now offering *Vesele* in the US. And regardless of the market, its sales are exploding.

Men across the country are eager to get their hands on the new pill and according to the research, they should be.

In the trial above, as compared to baseline, men taking *Vesele* saw a staggering 85% improvement in erection hardness over a four-month period. Their erections also lasted twice as long.

These same men also experienced an astounding 82% increase in the desire for sex (libido/sex drive) and an even greater improvement in overall satisfaction and ability to satisfy their partners.

Many men taking *Vesele* described feeling horny and aroused through the day. The anticipation before sex was amazing. They were also easily turned on. Their moods were more upbeat and positive, too.

Faster Absorption into the Blood Stream

Vesele is made up of three specialized ingredients: two clinical strength vasodilators and a patented absorption enhancer often called an accelerator. According to an enormous amount of clinical data, each is very safe.

Research shows that with age, many men lose their desire and interest in sex. They also struggle to produce an erection firm enough for penetration.

And although there are many theories as to why this happens (including a loss in testosterone) one thing is certain, inadequate blood flow is virtually always to blame. That's why sex drug manufacturers focus on blood flow, it makes your erection hard.

But what's more surprising, and what these manufacturers have failed to consider, is that lack of blood flow can also kill your sex drive. That's because blood supplies energy for the brain. This energy is required for creating brainwaves that cause excitability and arousal.

Studies show the *Vesele* stimulates the entire cardiovascular system, including the arteries that lead to both the brain and penis. The extreme concentration of the ingredients combined with the accelerator ensures that this process starts quickly.

Expiring Patent Opens the Door to a New Sex Pill: *Vesele* is a new pill that cost just $1 a dose does not require a prescription. It works on both body and mind to increase arousal and erection hardness.

The sexual benefits of *Vesele* are also multiplied as its ingredients build up in the system over time. This is why many men take it every single day.

Recent Studies Show Positive Effects on Women

In the same study referenced throughout, *Vesele* was also shown to have an amazing (and somewhat surprising) effect on women too. That's because the same arteries and vessels that carry blood and oxygen to the brain and genitals are the same in men and women.

"In our most recent study, women taking *Vesele* saw a stunning 52% improvement in arousal and sex drive. Perhaps more impressive, they also experienced a 57% improvement in lubrication.

You can imagine why some couples are taking *Vesele* together. Everything feels better. Everything works better. Everyone performs better. It's truly amazing."

A New Frontier of Non-Prescription Sex Pills

With daily use, *Vesele* is helping men (and women) restore failing sex lives and overcome sexual lets downs without side effect or expense.

Through a patented absorption enhancer, the *Vesele* formula hits the bloodstream quickly, resulting in phenomenal improvements in erection firmness and hardness. By boosting blood flow to the brain, users also experience sexual urges and arousal they often haven't felt in years.

Where to Find Vesele

This is the official release of *Vesele* in Pennsylvania. As such, the company is offering a special discounted supply to any reader who calls within the next 48 hours.

A special hotline number and discounted pricing has been created for all Pennsylvania residents. Discounts will be available starting today at 6:00AM and will automatically be applied to all callers.

Your Toll-Free Hotline number is 1-800-749-0914 and will only be open for the next 48 hours. Only a limited discounted supply of *Vesele* is currently available in your region.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE U.S. FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE. RESULTS NOT TYPICAL.

Meet a student who found a fossil in the middle of protests in Chile

Jimena Aburto, veterinary student, and her discovery. PROVIDED

Veterinary student Jimena Aburto found a million-year-old fossil that was thrown into a police vehicle.

DANIEL CASILLAS, MWN
letters@metro.us

Since last October, a series of demonstrations have happened in Chile, demanding better social and economic conditions in the country. The unrest saw people being injured, arrested, as well as attacks against the police, human rights violations, and ... fossils. Yes, a million-year-old fossil was found by Jimena Aburto, a veterinary student at the Universidad Austral de Chile (UACh), during a protest in the city of Coyhaique, where unhappy people threw stones at a police truck. Metro chatted with Aburto to learn more about how she found it.

Why did you decide to participate in protests in Chile?

There are several reasons ... one of them is about pensions given to the elderly and people with disabilities. It is just 100k pesos ($125 dollars) per month, it's a shame.

My mother suffers from arthritis and osteoarthritis, those are called "typical" pains. But imagine those who wear diapers or others who receive almost nothing. They have to spend a pension just to treat that. But what about food, electricity and water? It's not enough!

The health is an issue. You have to beg for an hour to be able to see a doctor. Here, in Coyhaique, doctors come from Santiago once a month. Imagine, there are about 20 patients and a doctor comes just for one day. What about the rest? They have to wait until the next month....

I finish my studies, send money to the Pension Fund Administrator (AFP) and then receive a pension of 150 dollars? It's garbage.

My aunts have to pay to the CAE (Chile's state-guaranteed student loan program) until they are 65 years old to take a damn credit to be able to study! STUDY!

Chile is definitely

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going from bad to worse and our president continues to come up with absurd laws.

How did you find a fossil in the middle of the demonstrations?
The day I found it I was not protesting. I only went for a walk and I didn't know that there were barricades downtown. I was one block behind the central square and I saw that the demonstrators were throwing stones at the "guanaco" (water cannon used by the police). The guanaco changed position and I came to the place where it had been before. There were a lot of rocks around. They were huge, I think that's why I looked at them. And then I saw this fossil, I picked it up and said to myself, "It is impossible, what is it doing here? It has been thrown into the guanaco? I don't think so!"

How did you know it was a fossil?
I immediately suspected that because I was studying paleontology and I saw such fossils. But I was asking myself, "How did it end up here?" It was illogical and a little funny to find it in that place.

What kind of fossil was it?
My teacher told me that it was an ammonite, a species of mollusk that existed 130 million years ago. It became extinct 66 million years ago, and that there was no reason for it to be thrown into a guanaco.

What did you do with the fossil?
When I received my teacher's email, she told me to take it to the regional museum of Aysén.

The fossil is ammonite, a species of mollusk that existed 130 million years ago and became extinct 66 million years ago. PROVIDED

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Matt Burke is a veteran sports journalist and the Founder and Editor in Chief of MetroBet.

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The Giants have one of the worst overall rosters in the league, they've lost eight games in a row, and now they're bringing back a dude at quarterback that is 5-13 in the last 18 games he's played.

Eli Manning will get the start for Big Blue on Monday night in Philadelphia, and while New Yorkers are treating this as some sort of divine resurrection – the truth is that Eli probably shouldn't be employed by a pro football team anymore given his current skill set.

Still – for one night, expect Manning to show flashes of his old self. You can bet that any and every completion Eli makes will get Giants fans absolutely rocking – and the Eagles defense is not equipped to handle any surges of momentum right now.

Manning can surely pull off an average Ryan Fitzpatrick impression in terms of racking up yardage. Fitzpatrick passed for 365 yards last week against the Birds, and Eli has thrown for over 300 yards in three of his last four games.

ALL GETTY IMAGES

For whatever reason, too, Giants running back Saquon Barkley has played worlds better taking handoffs from Eli instead of rookie Daniel Jones.

New York will likely have the edge in the running game tonight, but now would be a great time for the Eagles to snap their current ugly streak of not having a 100-yard rusher in 40 straight games (the longest current streak in the NFL). There's a real opportunity here for Miles Sanders (83 yards rushing last week) as the Giants run defense is ranked 21st in the league.

As for betting trends on this game, both of these teams have been among the more overhyped in the league as they both own 4-8-0 records against the spread this season.

The spread on this game is a whopping -9.5 in favor of the Eagles at home, and that's simply way too high despite how horrible the Giants are.

Expect Eli to give the Giants a little jolt and to keep this thing relatively close.

The play: Giants +9.5 (-120)

TWEET OF THE DAY

Paul Lander
@paul_lander

Knicks fired coach David Fizdale, league source tells ESPN

I'm shocked, shocked that someone was actually coaching the Knicks.

Best bets

MLB Futures: Phillies, Mets with good value

There are plenty of more big moves on the way in baseball this winter, but the Phillies and Braves kicked off the hot stove season this past week by landing pitchers Zack Wheeler and Cole Hamels, respectively.

Neither move altered either team's 2020 World Series odds from when we first examined them a month ago as the Phils are still sitting at +1400 and the Braves are at +1100.

Here are some of the top teams' odds as we look for value.

Astros +550
Yankees +550
Dodgers +600
Braves +1100
Nationals +1200
Phillies +1400
Cardinals +1600
Red Sox +2000
Mets +2000

It's a good idea to target teams here that are likely to make more big free agent moves or trades.

Based on all reports this past weekend, the Phillies are in no way done as they look to add a third baseman and another top-of-the-line starter.

The Mets at +2000 are a good bet here as well given the potential shake-up in ownership in New York. You can bet that Steve Cohen will want to make an immediate splash.

The play: Phillies +1400, Mets +2000

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SPORTS

Eagles look to keep season alive vs. Eli, Giants tonight

What to watch for as the Birds meet an old friend in Eli Manning during primetime.

JOE PANTORNO
joseph.pantorno@metro.us

Carson Wentz and the Eagles will try to give Eli Manning a rude welcome back to the starting role with the Giants. GETTY IMAGES

The Philadelphia Eagles (5-7) will be looking to snap their three-game losing streak when they take on the New York Giants (2-10) on Monday Night Football.

Just like last week's debacle against the Miami Dolphins, Week 14 brings another must-win game for the Eagles and their fading playoff hopes.

As things currently stand, Philadelphia is still just one game behind the Dallas Cowboys (6-7) for first place in the NFC East. The Cowboys lost their third straight game on Thursday night against the Chicago Bears.

A win over the Giants at Lincoln Financial Field in primetime and the Eagles will be tied for the top spot in the division, leading up to a potential NFC East championship game in Week 16 against the Cowboys.

However, Philadelphia cannot think that far ahead after the egg they laid last Sunday down in Miami. The Eagles' offense, which was held to a total of 19 points in the previous two games, exploded for 31 points.

But it was not enough as Philadelphia's defense could not stop the Dolphins' combination of quarterback Ryan Fitzpatrick and wide receiver DeVante Parker.

The Giants, however, are coming into Monday night's contest riding an eight-game losing streak. They were most recently blown out by Aaron Rodgers and the Green Bay Packers, 31-13, at MetLife Stadium.

In that game, rookie quarterback Daniel Jones struggled, completing just 54 percent of his passes for a touchdown and three interceptions.

But the Eagles won't be facing the Giants' young passer on Monday night as he suffered a high ankle sprain in the second quarter against Green Bay.

Enter a familiar foe: two-time Super Bowl quarterback Eli Manning will be the starting quarterback for the Giants on Monday night.

Can the veteran muster up one good performance to kill the Eagles' playoff hopes for good? Or will Philadelphia rise to the occasion after last weekend's embarrassing loss?

To answer those questions and more, here are a couple of things to watch out for in this pivotal Week 14 contest:

WILL GOOD ELI OR BAD ELI SHOW UP?

If the Eagles want to keep their faint playoff dreams alive, it starts with putting pressure on Manning and making him uncomfortable in the pocket.

Philadelphia's defense did this to start last week's game against the Dolphins. However, Fitzpatrick got hot and

CONTINUE ON P. 24

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Eagles vs. Giants preview (continued)

carved up their defense to the tune of 365 passing yards, three touchdowns, and an interception.

The Eagles' defense cannot allow that to happen again. Luckily for them, Manning has not played well against the Eagles in his last 10 games, per ESPN Stats & Information.

The veteran quarterback has a record of 1-9, with a TD-INT ratio of 16-13 and a QBR of 42.5. Simply put, the Eagles have had his number.

In both of their matchups last season, Philadelphia's defense held Manning to 62.5 percent completion rating, a touchdown and two interceptions while sacking him six times.

With those types of statistics, one would think that the Eagles have a chance to win on Monday night. However, the Giants still have running back Saquon Barkley and will be getting back wide receiver Golden Tate.

The Eagles' phenomenal run defense should be able to keep Barkley in check, but the pass defense will get tested frequently.

FEED MILES SANDERS

While it was a pleasant surprise to see the Eagles' passing game get back on track last Sunday against the Miami Dolphins, Eagles head coach Doug Pederson failed to run the ball against one of the league's worst run defenses.

In last Sunday's contest, rookie running back Miles Sanders put together another solid performance, rushing for 83 yards on 17 carries to go with a receiving touchdown.

However, for some odd reason — after the Eagles went up 28-14 in the third quarter — Pederson only dialed a run play three times. That is unacceptable and one way to lose a football game you should've won.

That being said, Pederson will get another chance to feed Sanders on Monday night against a Giants' run defense that is allowing 114.3 yards per game (22nd in the NFL).

With Jordan Howard still limited by a shoulder injury, the Eagles would be smart to give their second-round pick at least 25-30 touches with the season on the line.

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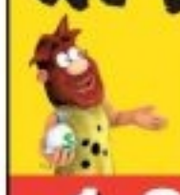

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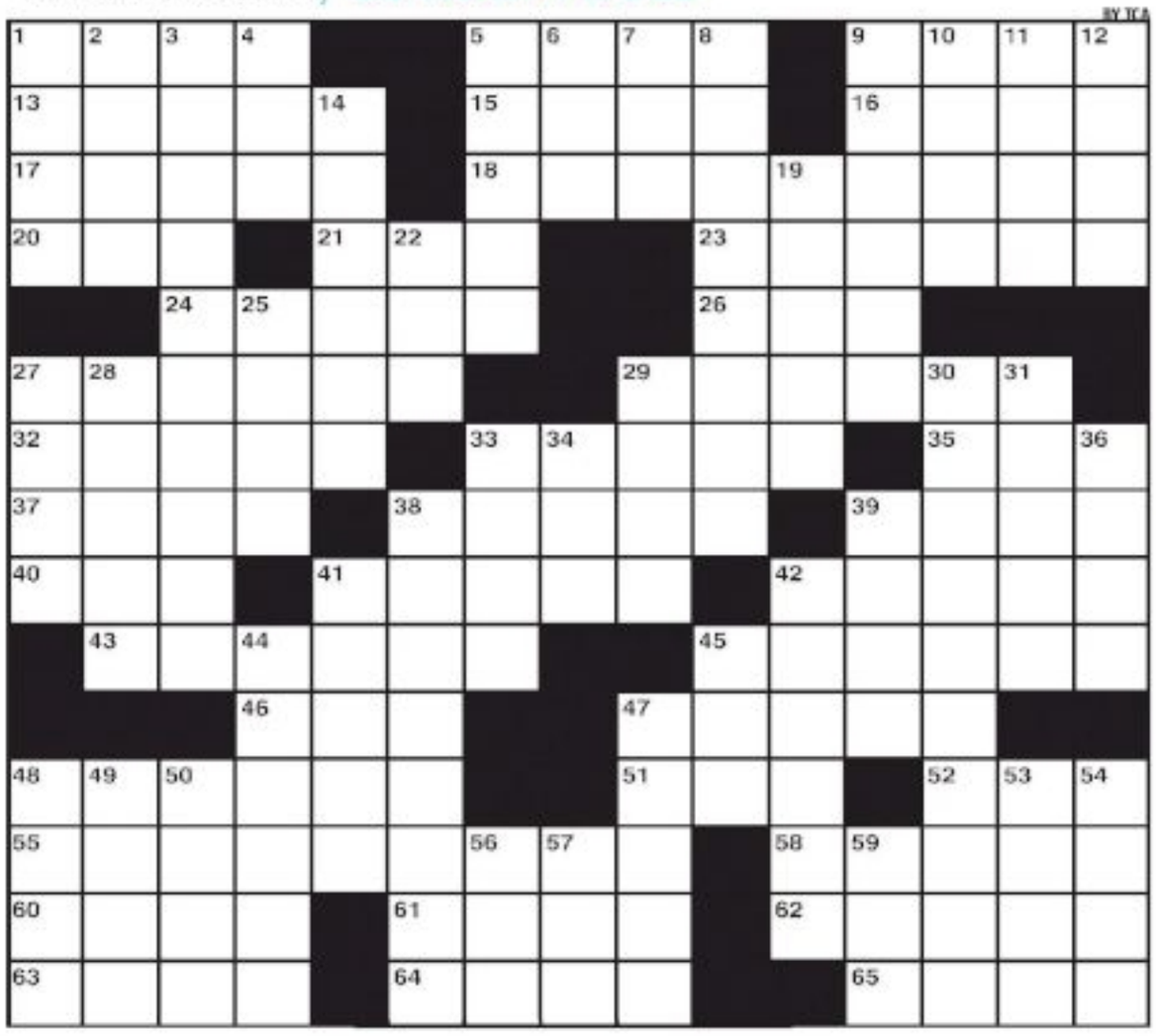

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ACROSS

1 Infant's bed
5 "Get lost!"
9 Clumsy oaf
13 Type of eclipse
15 Lion's den
16 __ in on; advance toward a target
17 __ drop of a hat; instantly
18 Kid's spending money
20 Letter for Socrates
21 "__! Goes the Weasel"
23 "Away in a __, no crib for His bed..."
24 __ and groans; complains
26 Colossal
27 Minor facts & details
29 JFK's dad
32 "Easy __"; Fonda/Hopper/Nicholson film
33 Not tactful
35 __ after; chase
37 As sturdy __ oak
38 Wedding party member
39 Capitol roof
40 Kitten or canary
41 Air freshener brand
42 Divans
43 Brought up, as kids
45 Pour oil on, as during a rite
46 Prefix for fit or place
47 Cricket or soccer
48 Stone wall builders
51 Suffix for musket or puppet
52 Needless hubbub
55 Too faint to be heard
58 Declined
60 Kellogg's __ Flakes
61 Breakfast __; eating area
62 Coleslaw, for one
63 Go out of
64 Practical jokes
65 Skelton & Buttons

DOWN

1 __ of thunder; storm sound
2 Furrows
3 Frighten; daunt
4 Scrooge's comment
5 Strikes with an open hand
6 Coolidge, to friends
7 Be in poor health
8 Brass instrument
9 Transform
10 Word before Island or division
11 __ more; a second time
12 Forest animal
14 Mend
19 Midriff
22 __ roll; winning & winning
25 Kitchen appliance
27 Mouse catcher
28 Early __; one up at dawn
29 "Hey __"; Beatles song
30 Cost-effective
31 Mortal
33 Pitt or Garrett
34 Tupperware top
36 Home of twigs
38 Welcome boon
39 Entrance
41 Use a pepper mill
42 Night noises
44 Quantity
45 Primate
47 Tries to find
48 Household pests
49 As dumb as __
50 New Delhi dress
53 Deceased
54 Bookie's concern
56 Deadly squeezer
57 Piece of wood
59 Forbid entry to

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